



Welcome! Prior to starting services with **READY SET GO THERAPY**, we ask that you to provide us with some information. This information will help us to better understand your child, and to most effectively meet the needs of your child and your family. In this packet, you will also find a description of our services and policies. Enclosed are the following:

- Registration Form
- Notice of Privacy Policies and Procedures
- Privacy Policies and Procedures Receipt and Consent
- Parent Policies
- Service Agreement
- Release of Information
- Allergy Action Plan
- Transportation Release
- Photo Release
- Sensorimotor History
- A Sensory Profile or Sensory Processing Measure Parent Questionnaire, if appropriate. Please answer each question/test item to the best of your ability, as we are unable to score the assessment if any item is left unanswered. This questionnaire should be completed prior to your child's evaluation.

You may keep the Notice of Privacy Policies and Parent Policies and Procedures forms. Please complete the remaining forms, and fax, mail, scan and email, or drop off the forms prior to your child's first appointment at:

350 Gate 5 Road  
Sausalito, CA 94965  
Fax: (415) 963-4243  
[info@readysetgotherapy.com](mailto:info@readysetgotherapy.com)

Providing this information as soon as possible prior to your child's session will help us to prepare appropriately for the first meeting with your child. If no one is in the office when dropping off forms, you may leave the forms in the black mailbox facing you after you enter the building. If you have any questions, please call us at (415) 339-8800. We look forward to meeting you!

# Registration Form

350 Gate 5 Road  
Sausalito, CA 94965  
Phone 415-339-8800  
Fax 415-963-4243

info@readyssetgotherapy.com

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*Please complete the following form to provide us with the necessary information to treat your child:*

**PERSONAL INFORMATION** (check if a twin ☐)

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Referred by: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent name: \_\_\_\_\_ Address: \_\_\_\_\_

Parent name: \_\_\_\_\_ Address: \_\_\_\_\_

Other family members in household (include sibling ages); other caregivers (include contact information):

\_\_\_\_\_  
\_\_\_\_\_

Phone #'s: List name and type (cell/home/work): \_\_\_\_\_

\_\_\_\_\_  
E-Mail Addresses: \_\_\_\_\_

**MEDICAL INFORMATION**

Medical Diagnosis (if applicable): \_\_\_\_\_ Date given: \_\_\_\_\_ By (name of professional): \_\_\_\_\_

Allergies: \_\_\_\_\_ Dietary Restrictions: \_\_\_\_\_ Medications: \_\_\_\_\_

Please list any known precautions or physical conditions (seizures, heart problem, asthma, muscle/bone disorder):

\_\_\_\_\_  
Person Responsible for Payment: \_\_\_\_\_ Co-pay \$ \_\_\_\_\_ Pediatrician: \_\_\_\_\_

**ADDITIONAL INFORMATION**

List any additional therapy or services/interventions, and name of providers (current and previous):

\_\_\_\_\_  
\_\_\_\_\_

**Primary Concerns:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

# Notice of Privacy Policies and Procedures

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**READY SET GO THERAPY, INC.** respects the confidentiality of its clients (child and legal parent/caregiver) and will maintain the privacy of your health information by all applicable federal and state laws. Ready Set GO Therapy will implement the following privacy policies and procedures:

**Treatment:** We may use and disclose your child's health information as part of assessment and intervention procedures. If a non-parent caregiver is present at your child's therapy session, consent is implied to discuss basic components of the treatment session, answer questions, and provide recommendations and/or home program suggestions. If you prefer to limit communication with a non-parent caregiver in your child's session, please let your therapist know. With written consent, we may use and disclose your child's information with other professionals working with your child. If a parent/legal guardian would like Ready Set GO Therapy, Inc. to consult with other caregivers/professionals/persons, he or she shall sign and submit a Release of Information form for that function.

## **Communication**

We send written reports via our secure email system. Day to day communication via email is not secure. If you prefer to communicate via phone, please let your therapist know.

## **Healthcare Operations**

We may use your child's information for appointment reminders (i.e. voice mail, email, reminder cards, post-it notes). We may use and disclose your child's health information to obtain payment for services we provide. Ready Set GO Therapy, Inc. is a teaching facility. Your child's information may be used for the education of occupational therapy students and members of the community. Students, volunteers, and supplementary staff will sign a confidentiality agreement to adhere to the privacy policies and practices as outlined in this document. The quality of a child's therapy session is of primary importance. Students and volunteers will observe or participate only if this can be done without interfering with a child's session. For educational purposes your child's information may be used without consent, *only* with name and identifying information excluded. Occasionally persons within the community (for example, new parents or related services) may request to visit the facility. These visits will also be scheduled only if it is determined not to interfere with a child's therapy session.

## **Your Authorization:**

You may give us written authorization (Release of Information) to use your child's information or disclose it to anyone for any purpose. If an authorization is provided to us for any individual or entity you may revoke the authorization in writing at any time.

## **Marketing**

We will not use your child's information for marketing purposes without a written release.

## **Required by Law**

We may be required to provide information to law officials under certain circumstances. We are mandatory reporters. We may be obligated to use or disclose your child's information if we believe that your child is a possible victim of abuse, neglect, domestic violence, or the possible victim of other crimes.

## **National Security**

We may be obligated to use or disclose your child's information as required for national security: to military authorities or armed forces personnel, to authorized federal officials as required for lawful intelligence, counter-intelligence, and other national security activities, or to correctional institution or law enforcement official, having lawful custody of health information of inmate or patient under certain circumstances.

*We reserve the right to change our privacy practices at any time. If we change the privacy practices, we will issue a revised notice of privacy practices. If you wish to obtain an additional current copy of our privacy practices, you may obtain it at any time by contacting Jamie Close or Leigh Burkey at Ready Set GO Therapy, Inc. This Notice takes effect September 1, 2017, and will remain in effect until replaced.*

# Privacy Policies and Procedures

## Receipt and Consent



350 Gate 5 Road  
Sausalito, CA 94965  
Phone 415-339-8800  
Fax 415-963-4243  
info@readyssetgotherapy.com

We, \_\_\_\_\_ and \_\_\_\_\_, acknowledge that we have  
Print Names of Legal Parents/Guardians  
received and reviewed a copy of **READY SET GO THERAPY, INC.**'s Notice of Privacy Policies and Practices.

We consent to **READY SET GO THERAPY, INC.**'s disclosure of our child's information for treatment/intervention, billing, and healthcare operations according to the terms outlined in the Notice of Privacy Policies and Practices.

Signed,

\_\_\_\_\_  
Signature of Legal Parent/Guardian (1)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Legal Parent/Guardian (2)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

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### For Office Use Only:

Reasonable attempts were made to obtain written acknowledgment of our Notice of Policies and Procedures. However, **READY SET GO THERAPY, INC.** was unable to obtain written consent due to the following:

- ☐ Individual Refused to Sign
- ☐ Communication barriers prohibited written exchange
- ☐ Other:

Explain: \_\_\_\_\_

Additional Notes:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Parent Policies



350 Gate 5 Road  
Sausalito, CA 94965  
Phone 415-339-8800  
Fax 415-963-4243  
info@readysetgotherapy.com

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## Payment:

### **Individual Treatment Sessions**

This is inclusive of a 50-minute session, plus 10 minutes for set-up, clean-up, treatment planning, and documentation. Co-payments vary depending on your Kaiser Permanente plan and you should verify your co-payment amount per session with Kaiser Permanente prior to the start of services. You are responsible for co-payments to Ready Set GO Therapy, Inc. and you will be billed monthly.

### **Other fees**

There is a \$30.00 fee for returned checks, in addition to any fees charged to us by our financial institution.

Outstanding balances over 60 days are subject to collections, fees, and an interest rate charge of 18% APR.

### **Cancellations/Holidays**

Our therapists block off time to work with your child. Please be respectful of your Therapist's time. Cancel only when it is necessary, and provide as much advance notice as possible.

- **We require a minimum of 24 hours notice for cancellations.**
- Cancellations must be confirmed in writing or by phone. Verbal notice of cancellation must be followed up via phone or email.
- Cancellations made within 4 hours of a session are considered a No-Show. If you have 2 No-Shows, Ready Set GO Therapy, Inc. will contact Kaiser Permanente and therapy services may be discontinued.

Please do not cancel your child's session if he/she has a fever or is otherwise known to be contagious. If your child develops a contagious illness and has potentially exposed other children at our facility to the illness (for example conjunctivitis, chickenpox, head lice, or impetigo), please notify Ready Set GO Therapy at once.

Ready Set GO Therapy, Inc. will be closed for most major holidays. Please speak with your therapist regarding specific dates and scheduling.

### **Change in Insurance**

Please inform us immediately of any changes you experience in your Kaiser Permanente plan including and copayment rate changes or changes in primary versus secondary insurance. Failure to inform Ready Set GO Therapy of such changes will be reported to Kaiser Permanente and services may be terminated or placed on hold. You will be responsible for full payment of any services provided in the event that Kaiser Permanente coverage ends.

**Payment**

Co-payments are due on a monthly basis. Payment options include credit, debit, or check. Cash will also be accepted if exact change is given, as we do not keep cash readily available as change. If payment is not made within three weeks of billed date, Kaiser will be contacted and services may be terminated or placed on hold.

**Additional Considerations:****At your child's treatment session**

Sessions are 50 minutes long with 10 minutes for transition, preparation, and documentation. Therapists have very tight schedules. If there are questions or comments that need to be discussed, the parent may request to have a shortened session with a private conference. Therapists do not have the flexibility to have extended conversations without prior notice during a regular therapy day.

To ensure everyone's safety, please do not allow children onto the mats or other equipment without the direct supervision of a therapist during your child's scheduled therapy session.

In addition, for the safety of your child, Ready Set GO Therapy, Inc. asks that you are prompt in picking up your child at the end of his or her 50-minute session. Ready Set GO Therapy, Inc. is not responsible for supervising your child after the session has ended. If anyone other than the parent will be picking up your child, please sign a Transportation Release form to be kept on file, or notify your therapist in writing. We cannot accommodate children who are dropped off early for therapy sessions. Please make sure your child is supervised at all times prior to and after the therapy appointment.

**Attire**

Clothing that is well fitted to the child's body, casual (active wear), and seasonable attire will be appropriate. Your child may be invited to participate in messy play.

**Allergic Reactions**

We require an Allergy Action Plan on file for all children with allergies that may require immediate treatment. Please make sure to alert your therapist if your child has such an allergy and complete the Food Allergy Action Plan Form included in your welcome packet.

**Disaster Preparedness**

In the case of evacuation due to a natural disaster or emergency, our established nearby meeting place is across the street, in front of Anchorage Restaurant. Our established meeting place if this location is not safe is at the Molly Stone tables, situated directly between Molly Stones and the USPS.

**Discontinuing Services**

The decision to discontinue services should be a collaborative decision between Kaiser Permanente, the family and the therapist, and typically occurs once a child's needs are able to be met through an established home program and/or other services within the community. If you decide to discontinue services, or are unable to continue sessions at your child's current time, a 2-week notice to discontinue is requested.

**Right to Refuse or Discontinue Services**

Interpretation, recommendations, and treatment plans are based, in part, on the history and information that you provide Ready Set GO Therapy, Inc. If information about your child's medical/educational history, interventions, and needs are withheld, misrepresented, altered, or omitted, Ready Set GO Therapy, Inc. reserves the right to terminate the services. Kaiser will be contacted due to non-payment of services, aggressive behavior, lack of progress, lack of cooperation, or a poor match between the needs of the family and skills of the therapist.

**Waiting List**

If we are unable to accommodate your child for intervention on a regular basis at a time that works for your family's schedule, you may opt to put your child on a waiting list for services. After completing an initial phone consultation to discuss the presenting areas of concern, informational materials will be sent immediately about the clinic and services that we offer. We understand that a timely response is important and will do our best to respond to your request as soon as possible.

Families will be contacted in the order their request was received, and based on individual availability. Flexibility is important. If a time is available that you cannot accommodate, the next person on the list will be contacted. You will remain at the top of the list for the next available time.

**Therapists**

Our therapists are independent business entities who rent space from us or with whom we establish contracts. We hand select Occupational Therapists through an intensive application and hiring process and we have complete confidence that each therapist will uphold our high standard of practice.

# Service Agreement For Occupational Therapy Intervention/Treatment



350 Gate 5 Road  
Sausalito, CA 94965  
Phone 415-339-8800  
Fax 415-963-4243  
info@readyssetgotherapy.com

I have requested occupational therapy services for my child, \_\_\_\_\_,  
print child's name

Movement, moving equipment, as well as physical manipulation, are integral to our therapy interventions. While reasonable measures will be taken to avoid injury, I recognize that injuries can occur. Exposed skin and skin-to-skin contact may also occur with provision of services.

Initial

Initial

I understand that I am responsible for my co-payment to Ready Set GO Therapy, Inc. for ongoing individual treatment sessions inclusive of a 50 minute session and 10 minutes for set-up, clean-up, treatment-planning and documentation. Cancellations must be made by phone or in writing, and 24-hour advance notice is required. If there are 2 no shows, Ready Set GO Therapy Inc. will contact Kaiser Permanente and therapy services may be terminated. I understand that I will be billed monthly for co-payments. Charges are non-negotiable as agreed upon in service agreement. If payment is not made within three weeks of billed date, your child will no longer receive services until the account is up to date. I understand that there is a \$30.00 fee in addition to any bank fees, if my check is returned unpaid by my financial institution, and that outstanding balances over 60 days are subject to collections, fees, and an interest rate charge of 18% APR.

Initial

Initial

I confirm that I have received and reviewed the Parent Policies and Procedures and agree to adhere to the terms stated.

\_\_\_\_\_  
Signature of Legal Guardian (1)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Legal Guardian (2)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Relationship



# Release of Information



350 Gate 5 Road  
Sausalito, CA 94965  
Phone 415-339-8800  
Fax 415-963-4243  
info@readyssetgotherapy.com

I hereby authorize the exchange of medical, psychosocial, educational, and developmental information regarding \_\_\_\_\_  
Print Child's Name Date of Birth

**Between:** **READY SET GO THERAPY, INC.**  
350 Gate Five Road  
Sausalito, CA 94965  
415-339-8800  
info@readyssetgotherapy.com

**And:**  
(Please list all applicable)

_____ Name	_____ Relationship	_____ Contact Information
_____ Name	_____ Relationship	_____ Contact Information
_____ Name	_____ Relationship	_____ Contact Information
_____ Name	_____ Relationship	_____ Contact Information

This consent is valid and in effect for two years, unless written request to renew or withdraw this form is provided.

Authorized by:

Parent Name (print) \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

# Allergy Action Plan

## Emergency Care Plan

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_/\_\_\_\_/\_\_\_\_

Allergy to: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. Asthma: Yes (higher risk for a severe reaction) No

Extremely reactive to the following: \_\_\_\_\_

### THEREFORE:

- ☐ If checked, give epinephrine immediately for ANY symptoms if the allergen was *likely* present.
- ☐ If checked, give epinephrine immediately if the allergen was *definitely* present, even if no symptoms are noted.

### Any SEVERE SYMPTOMS after suspected or known exposure:

#### One or more of the following:

- LUNG: Short of breath, wheeze, repetitive cough
- HEART: Pale, blue, faint, weak pulse, dizzy, confused
- THROAT: Tight, hoarse, trouble breathing/swallowing
- MOUTH: Obstructive swelling (tongue and/or lips)
- SKIN: Many hives over body

#### Or combination of symptoms from different body areas:

- SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)
- GUT: Vomiting, diarrhea, crampy pain



### 1. INJECT EPINEPHRINE IMMEDIATELY

2. Call 911
3. Begin monitoring (see box below)
4. Give additional medications:\*
  - Antihistamine
  - Inhaler (bronchodilator) if asthma

\*Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE.

### MILD SYMPTOMS ONLY:

- MOUTH: Itchy mouth
- SKIN: A few hives around mouth/face, mild itch
- GUT: Mild nausea/discomfort



### 1. GIVE ANTIHISTAMINE

2. Stay with student; alert healthcare professionals and parent
3. If symptoms progress (see above), USE EPINEPHRINE
4. Begin monitoring (see box below)

## Medications/Doses

Epinephrine (brand \_\_\_\_\_ and dose \_\_\_\_\_):

Antihistamine (brand \_\_\_\_\_ and dose \_\_\_\_\_):

Other (e.g., inhaler-bronchodilator if asthmatic): \_\_\_\_\_

## Monitoring

**Stay with student; alert healthcare professionals and parent.** Tell rescue squad epinephrine was given; request an ambulance with epinephrine. Note time when epinephrine was administered. A second dose of epinephrine can be given 5 minutes or more after the first if symptoms persist or recur. For a severe reaction, consider keeping student lying on back with legs raised. Treat student even if parents cannot be reached. See back/attached for auto-injection technique.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Physician/Healthcare Provider Signature \_\_\_\_\_

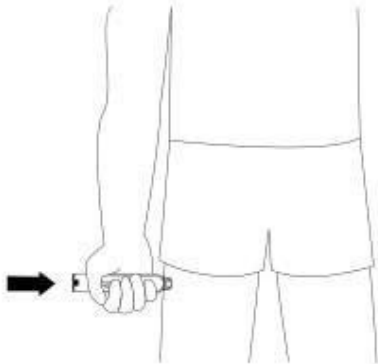
Date \_\_\_\_\_

## EpiPen® (epinephrine) Auto-Injector Directions

- First, remove the EpiPen® (epinephrine) Auto-Injector from the plastic carrying case
- Pull off the blue safety release cap



- Hold orange tip near outer thigh (always apply to thigh)



- Swing and firmly push orange tip against outer thigh. Hold on thigh for approximately 10 seconds.

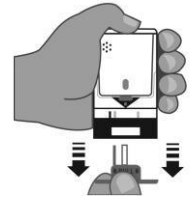
Remove EpiPen® (epinephrine) Auto-Injector and massage the area for 10 more seconds.



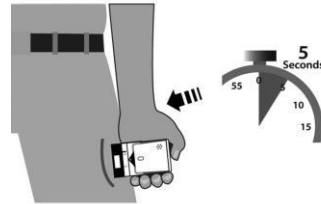
EpiPen®, EpiPen 2-Pak®, and EpiPen Jr 2-Pak® are registered trademarks of Mylan Inc. licensed exclusively to its wholly-owned subsidiary, Mylan Specialty L.P.

## Auvi-Q™ (epinephrine injection, USP) Directions

Remove the outer case of Auvi-Q. This will automatically activate the voice instructions.



Pull off RED safety guard.



Place black end against outer thigh, then press firmly and hold for 5 seconds.

**Auvi-Q™**  
epinephrine injection, USP  
0.15 mg/0.3 mg auto-injectors

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## Adrenaclick® 0.3 mg and Adrenaclick® 0.15 mg Directions



Remove GREY caps labeled "1" and "2."



Place RED rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.

A allergy response kit should contain at least two doses of epinephrine, other medications as noted by the student's physician, and a copy of this Allergy Action Plan.

## Contacts

Call 911 • Rescue squad: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Doctor: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

## Other Emergency Contacts

Name/Relationship: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Name/Relationship: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

# Transportation Release

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I give permission for my child, \_\_\_\_\_,  
print child's name

to leave occupational therapy with the follow individuals (please list names of any relatives, sitters, or friends that you would like to authorize to transport your child):

_____ Name	_____ Relationship
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_____ Name	_____ Relationship
---------------	-----------------------

_____ Name	_____ Relationship
---------------	-----------------------

_____ Name	_____ Relationship
---------------	-----------------------

Authorized by:

\_\_\_\_\_  
Signature of parent/legal guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print name

## Photo Release Form

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*\*THIS FORM IS OPTIONAL.*

I give my permission for **READY SET GO THERAPY, INC.** to use images or video of my child or family

\_\_\_\_\_ for promotional and/or educational purposes.

All photos or videos used will be taken during scheduled treatment sessions. Photos or videos may be used in print materials, presentations, and on the **READY SET GO THERAPY, INC.** website. I understand that these photos or video will be used for promotional and/or educational purposes only.

\_\_\_\_\_  
Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

# Sensorimotor History

Please complete the following form to help us gain more information to determine the needs of your child:

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Person completing form: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Significant medical history including major illness, accidents or incidents, and date of occurrence:

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## Developmental History

### Birth History

**Circle All Applicable:** Full term    Premature    Breech    Caesarian    Difficult labor    Forceps    Suction

Birth weight: \_\_\_\_\_

List any complications or other significant information regarding prenatal period/birth. *This information is important in our understanding of how to best approach intervention for your child, as it can impact sensory and motor development:*

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### Developmental Milestones

**Circle All Applicable:** Reflux/GI issues    Colic    Difficulty Sleeping    Limited Self-Soothing    Torticollis

Give approximate *age of mastery*, if known:

Rolling over: \_\_\_\_\_ 1-2 words: \_\_\_\_\_ Using Sentences: \_\_\_\_\_

Potty Training: Day: \_\_\_\_\_ Night: \_\_\_\_\_

Establishment of Regular Sleep/Wake Cycles: \_\_\_\_\_ Falling Asleep Independently: \_\_\_\_\_

Did your child master a smooth and symmetrical crawl for a minimum of 1-2 months? Yes / No

If no, please describe: \_\_\_\_\_

Do you notice any asymmetry in your child? Yes / No Describe: \_\_\_\_\_

Does your child sleep well? Yes / No Describe: \_\_\_\_\_

**About Your Child:**

Please describe your child's morning and evening routines (including level of assistance required):

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What is your child's level of independence and/or ability to tolerate participation in dressing/undressing and completing self-care and grooming tasks (brushing teeth, bathing, washing/brushing hair):

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Please describe mealtimes with your child. Include all relevant information, including where your child eats, whether he/she eat meals with the rest of the family, and level of assistance required for self-feeding:

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Please describe the level of safety awareness your child exhibits at home and within the community:

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Please list any concerns you have (if any) related to your child's social skills and interactions:

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Is your child able to play independently? What are your child's favorite activities?

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What things does your child seem to fear or avoid, if any?

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Please list any questions or concerns that you would hope this screening/evaluation would answer?

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Do you have any tips or strategies to suggest when working with your child?

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What are your child's greatest strengths?

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Is there anything else that you would like for us to know about your child?

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